



VH DANCE CENTER

School of the Chicago Festival Ballet



Market Meadows Plaza
1239 S. Naper Blvd. Naperville, IL, 60540
(630)-527-1052 vhcfb1@gmail.com

Summer Intensive: June 11– August 11

4th of July Break: July 2 – July 7

Tentative Summer Intensive Dress Rehearsal:

Friday, August 10nd 2018, 4PM

Tentative Summer Intensive Performance:

Sun, August 12th, 2PM

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio I		Studio I		Studio I		Studio I		Studio I		Studio I	
Stretch	10:00-10:30	Zumba	9:00-10:00	WERQ Fitness	9:00-10:00	Jazz	10:00-12:00	D & E Stretch	10:00 - 10:30	Ballroom	10:00-11:00
D & E Ballet	10:30-12:30	D & E Ballet	10:00-12:00	D & E Ballet	10:00-12:00	Lunch	12:00-12:30	D & E Ballet	10:30-12:30	Ballroom	11:00-12:00
Lunch	12:30-1:00	Lunch	12:00-12:30	Lunch	12:00-12:30	Hip Hop	12:30-2:30	Lunch	12:30-1:00		
Ballet Rehearsal	1:30-2:30	Variations	12:30-1:30	Ballet Rehearsal	12:30-2:30	Contemporary	2:30-3:30	Ballet Rehearsal	1:00 - 2:00		
Partnering	2:30-3:30	Understanding Choreography	1:30-2:30	Ballroom	7:00 - 8:00			History of Dance	2:00 - 3:00		
Musical Theater II	3:30 - 4:30	Character	2:30 - 3:30								
Zumba	7:00 -8:00	Ballet for Athletes	5:00-7:00								
Studio II		Studio II		Studio II		Studio II		Studio II		Studio II	
C Ballet	11:30-1:30	Pre-Ballet	3:45-4:30	C Ballet	11:30-1:30			C Ballet	11:30 - 1:30	Pre-Ballet	8:45 - 9:30
C Workshop	1:30-2:30	A/B Ballet	4:30-6:00	C Workshop	1:30-2:30			C Workshop	1:30 -2:30	A/B Ballet	9:30 -11:00
Musical Theater I	2:30-3:30	A/B Workshop	6:00-7:00							A/B Workshop	11:00-12:00
		Adult/Teen Ballet	6:30-7:30								
		WERQ Fitness	7:30-8:30								