



# Von Heidecke's Dance Center School of the Chicago Festival Ballet



**Summer 2017  
Class Schedule**

**June 5 – August 5**

**Naperville  
Studio  
Market  
Meadows  
Plaza  
75<sup>th</sup> & Naper  
Blvd.  
1239 S. Naper  
Blvd.  
Naperville, IL  
60540  
(630) 527-1052**

Class Level Requirements				
Technique Requirements		Pointe Requirements		
PB 1, 2 3	1 x per week (45 minutes)	C	Pointe I	3 x ½ hour class per week
A	1 x per week	D	Pointe II	4 x 1 hour class per week
B	2 x per week	E	Pointe III	5 x 1 hour class per week
C	3 x per week			
D	4 x per week			
E	5 x per week			
Musical Theater	1 x per week			

**Summer Intensive - June 5– August 5  
4<sup>th</sup> of July Break – July 3 – July 8**

**Tentative Summer Intensive Dress Rehearsal - Wednesday, August 2, 2017, 10 AM  
Tentative Summer Intensive Performance - Sunday, August 6, 2 PM**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio I		Studio I		Studio I		Studio I		Studio I		Studio I	
		Yoga	10:00 -11:00	WERQ fitness	9:00 -10:00	D & E	10:00 -12:00	D & E St	10:00 -10:30	A/B	9:00 – 10:30
D & E	10:00 -12:00	D & E	11:00 – 1:00	D & E St	10:00-10:30	PT II & III	12:30 -1:30	D/E Jazz	10:30 -12:30	A/B W	10:30-11:30
PT II & III	12:30 - 1:30	PT II & III	1:30 - 2:30	D & E	10:30-12:30	D & E W	1:30 – 2:30	D/E Hip Hop	1:00 – 3:00	C	12:00 -2:00
D & E W	1:30 - 2:30	D & E MT	2:30 – 3:30	PT II & PT III	1:00 - 2:00	Partnering	2:30 -3:30			CW	2:00 – 3:00
C/D/E Scr	2:30 -3:30	WERQ fitness	6:30 – 7:30	D & E W	2:00 - 3:30						
Studio II		Studio II		Studio II		Studio II		Studio II		Studio II	
C	11:30 - 1:30	WERQ fitness	10:00 -11:00	C	11:30 – 1:30					PB	9:00 – 9:45
CW	1:30 – 2:30	PB	3:45 – 4:30	CW	1:30 – 2:30						
		A/B	4:30 – 6:00								
		A/B W	6:00 – 7:00	Adult/Teen Ballet I	6:30 – 7:30						
		JrScr	7:00 – 7:30								
		Adult/Teen Ballet I	7:30 – 8:30								
Studio III		Studio III		Studio III		Studio III		Studio III		Studio III	

St = Stretch    Scr = Stage Craft    JrScr= Junior Stagecrafts    W = Workshop    PT = Pointe    PB = Pre-Ballet    MT = Musical Theater/Jazz